

Navel Aftercare

Morning: Wash hands. Saturate both ends of a qtip with saline solution. Apply the saline solution to both sides of the piercing using different ends of the qtip. Allow to soak for 3-5 minutes, reapplying if necessary.

Then take a small drop of soap and lather it up with a wet qtip in your hand, more water than soap. Apply soap to both sides of the piercing, then rinse away with water or a wet qtip.

Afternoon: Wash hands. Saturate both ends of a qtip with saline solution. Apply the saline solution to both sides of the piercing using different ends of the qtip. Allow to soak for 3-5 minutes, reapplying if necessary. Rinse off saline residue with a water or a wet qtip.

Evening: Wash hands. Saturate both ends of

a qtip with saline solution. Apply the saline solution to both sides of the piercing using different ends of the qtip. Allow to soak for 3-5 minutes, reapplying if necessary.

Then take a small drop of soap and lather it up with a wet qtip in your hand, more water than soap. Apply soap to both sides of the piercing, then rinse away with water or a wet qtip.

You want to keep up the Aftercare for at least 6-8 weeks, although 8 weeks is probably a little safer

No jewelry changes before 6-8 weeks, again 8 weeks is probably a little safer of a bet. (It can possibly still be healing at this time, so don't leave it out for long)

Turtle Professional Body Piercer
Perception Body Modification Studio

