

Cartilage Piercing Aftercare

You will need 2 items to keep your ear cartilage piercing healing well.

Sterile Wound Care Saline: This will help your piercing heal faster but doesn't do any cleaning.

Antibacterial or Antimicrobial Soap, No fragrance. This mixed with water will be what you use to clean the piercing.

Daily Regimen

Morning: Wash Hands!

Wet a qtip with the Saline solution, then saturate the front and back, or top and bottom of the piercing with the Saline. Allow it to soak for 3-5 minutes, reapplying if necessary.

Drop a drop of soap into your hand, wet the

end of a different qtip than your Saline one. Wet the end of the qtip and mix with the soap. More water than soap. Lather up both sides of the piercing with the soap solution.

Use another wet qtip to rinse off both sides of the piercing. You can splash a little water on it, or use a small clean cup. Be careful, but make sure you get it rinsed off really well.

Mid Day: Wash Hands!

Wet a qtip with the Saline solution, then saturate the front and back, or top and bottom of the piercing with the Saline. Allow it to soak for 3-5 minutes, reapplying if necessary.

Use another wet qtip to rinse off both sides of the piercing. You can splash a little water on it, or use a small clean cup. Be careful, but make sure you get it rinsed off really well.

Evening: Wash Hands!

Wet a qtip with the Saline solution, then

saturate the front and back, or top and bottom of the piercing with the Saline. Allow it to soak for 3-5 minutes, reapplying if necessary.

Drop a drop of soap into your hand, wet the end of a different qtip than your Saline one. Wet the end of the qtip and mix with the soap. More water than soap. Lather up both sides of the piercing with the soap solution.

Use another wet qtip to rinse off both sides of the piercing. You can splash a little water on it, or use a small clean cup. Be careful, but make sure you get it rinsed off really well.

If you have any questions or concerns about your healing or the aftercare process. Please contact me.