

Nipple Aftercare

Morning: Wash hands. Saturate both ends of a qtip with saline solution. Apply the saline solution to both sides of the piercing using the same end of the qtip. Different ends for each nipple though. Allow to soak for 3-5 minutes, reapplying if necessary.

Then take a small drop of soap and lather it up with a wet qtip in your hand, more water than soap. Apply soap to both sides of the piercing, using different ends for each nipple. Then rinse away with water or a wet qtip.

Afternoon: Wash hands. Saturate both ends of a qtip with saline solution. Apply the saline solution to both sides of the piercing using different ends of the qtip. Allow to soak for 3-5 minutes, reapplying if necessary. Rinse off saline residue with a water or a wet qtip.

Evening: Wash hands. Saturate both ends of a qtip with saline solution. Apply the saline solution to both sides of the piercing using the same end of the qtip. Different ends for each nipple though. Allow to soak for 3-5 minutes, reapplying if necessary.

Then take a small drop of soap and lather it up with a wet qtip in your hand, more water than soap. Apply soap to both sides of the piercing, using different ends for each nipple. Then rinse away with water or a wet qtip.

You want to keep up the Aftercare for at least 6-8 weeks, although 8 weeks is probably a little safer

No jewelry changes before 6-8 weeks, again 8 weeks is probably a little safer of a bet. (It can possibly still be healing at this time, so don't leave it out for long.

Turtle Professional Body Piercer
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